

Zest Catering Allergy, intolerance & Special Diets Form



Zest catering provide information regarding the 14 mandatory Food Information Regulations allergens on its webpage, linked from the Futura website. (www.futuralearning.co.uk)

Please complete this form to request a risk assessment of our menu to ensure a suitable, safe menu for your child's particular dietary requirements can be provided.

Zest catering is not in a position to guarantee a completely allergen free environment, however it will take all reasonable steps to minimise the risk of accidental exposure to allergens, encourage self-responsibility and plan for the effective response to possible emergencies.

Where possible, we work closely with our suppliers & producers and aim to be as accurate as possible but it must be noted that we can only be guided by the information the suppliers provided, similar to the process of a parent catering for any allergen or special diet.

It is important that all sections are completed in full including supplementary medical information from a medical professional (GP/Consultant/Dietician). Once completed, the form should be handed into the school office.

Section A - To be completed by the Parent/Guardian

Childs Details					
Name		Male		Female	
School					
Class					
Parent/Guardian Details					
Name(s)					
Contact Number(s)					
Email Address(s)					

Allergen Requirement (please tick)									
Peanut		Other Nut		Milk		Mustard		Celery	
Sesame Seeds		Eggs		Lupin		Gluten		Sulphites	
Fish		Crustations (shellfish)		Soya		Molluscs			
Other allergen/intolerance** Not listed in the 14 above					**Please state				

Other Dietary Requirement	
Other special dietary requirement**	**Please state
Cultural Requirement**	**Please state

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Section B - Supplementary medical information (To be provided by the Parent/Guardian)

Please attached a recent colour photo of your child for identification purposes

Please attached photo here

I have included (Please tick one or more)

- Doctor/dietician letter or note
- Other medical professional letter or note
- Professional medical care plan
- Other** (please state)

All medical requests will be considered in a case by case basis. Zest Catering will consider the dietary requirement and the capabilities of its kitchen at the school, along with the supply chain to ensure all reasonable steps can be taken to reduce the risk to safe limits. Where risk to the customer is too high we may be unable to provide a special diet menu.

Zest Catering is unable to provide medical advice, this must come from a professional medical practitioner.

Parents/Guardian's should notify the school office of any changes to the dietary requirements of their child(ren) and provide an updated photograph of the child, annually.

The data collected within this form will be processed in accordance to laws that apply within the UK and this will be kept no longer than necessary to provide food for your child whilst attending the school listed in section A.

For a copy of Zest Catering's Food Safety Policy, Healthy Eating Statement and Food Allergies policy, please visit www.futuralearning.co.uk

I confirm that I have read and understood the above and consent to the details contained within this form to be used to risk assess and create a special diets menu for my child (as named in section A)

Parent/Guardian Name	
Signature	
Date	